

## **ABOUT THE AUTHOR**



**Bestselling author of *Public Speaking Super Powers*, Carma Spence is a "geek who speaks." Because she's been there, she knows that you can be a decent speaker despite being introverted, shy and socially awkward.**

Carma is fiercely committed to supporting her clients as they unleash their inner speaking superhero and boldly communicate their message with confidence. Her superpower is to help people see what is possible for them and guide them on the journey from where they are to where they want to be, Vanquishing the Mind Goblins of self-doubt and second-guessing that keep them stuck.

The speaking bug first bit Carma in High School while on the Speech Team. Her activities earned her several awards, a Letter in Speech, and a Degree of Honor with the National Speech & Debate Association.

After college, she joined Toastmasters and earned her Distinguished Toastmaster (DTM) award, the highest level of educational achievement in Toastmasters earned through a variety of speaking and leadership assignments.

People often comment on Carma's strength and courage, but these qualities were hard won. In 2010, she left an emotionally abusive marriage, only to fall into another bad relationship. That one ended the night her boyfriend attacked her.

It was that fateful night that woke her up and got her to do the inner work she needed to do. After a year of counseling, training and studying Universal Laws, she met a good man who loves her as she is.

But the trials weren't over.

Just as they announced their wedding date, Carma was hit by a car while crossing the street, resulting in multiple broken bones.

It is the combination of all these experiences—both good and bad—that makes Carma a good mentor to those struggling with owning their gifts.